



# METATARSAL FRACTURE

Personal patient presents 1 ½ weeks following having foot stomped on, without prior treatment. X-ray showed large, displaced joint fracture of 5th metatarsal base. Under local anesthesia, bone edges were freshened and realigned. Fixation achieved with a tension-band technique. Patient was nonweightbearing for the first few weeks with progression into a weightbearing cast, and subsequently, unrestricted shoe gear.

## PRE-OP

## InStep Foot and Ankle



## PRE-OP



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